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Biases

A small collection of common cognitive biases.

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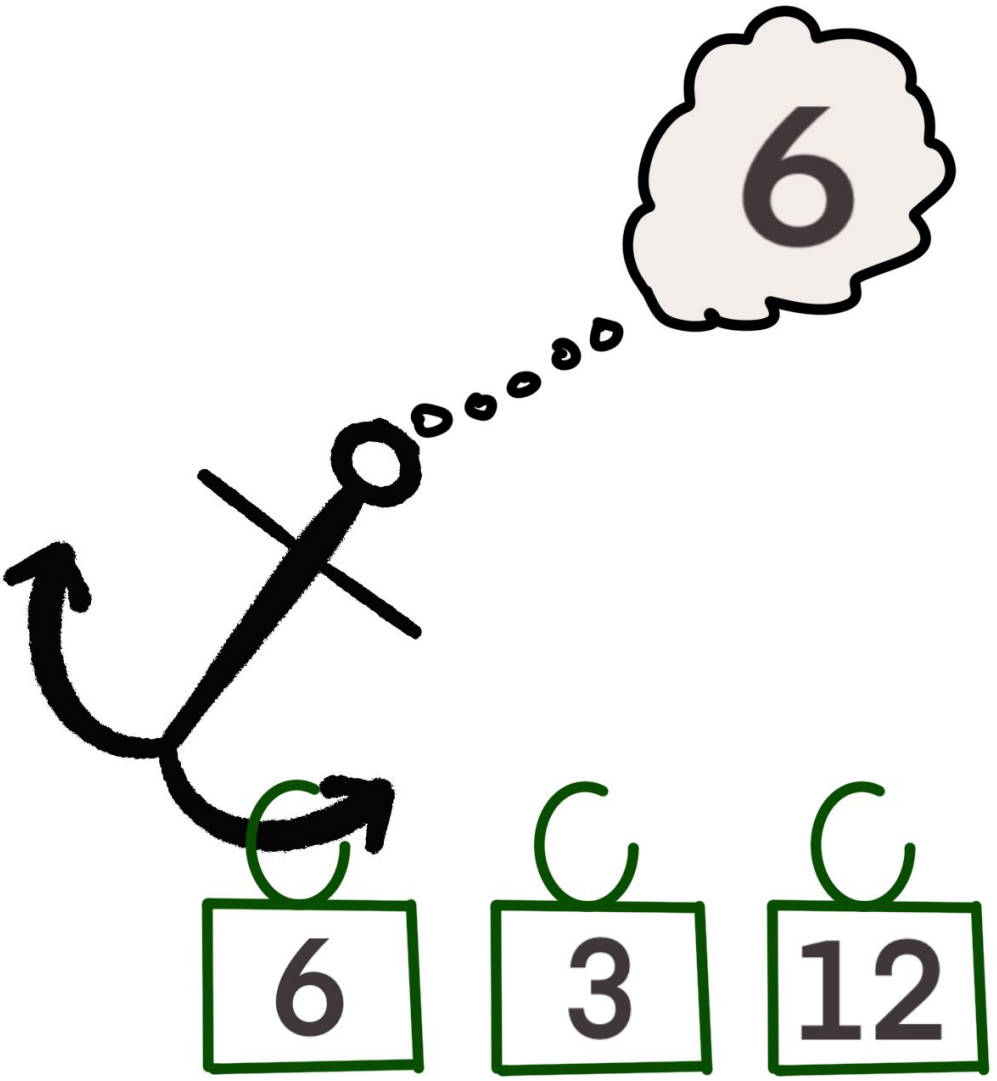
Anchoring Bias

We tend to rely heavily upon the first piece of information we receive.



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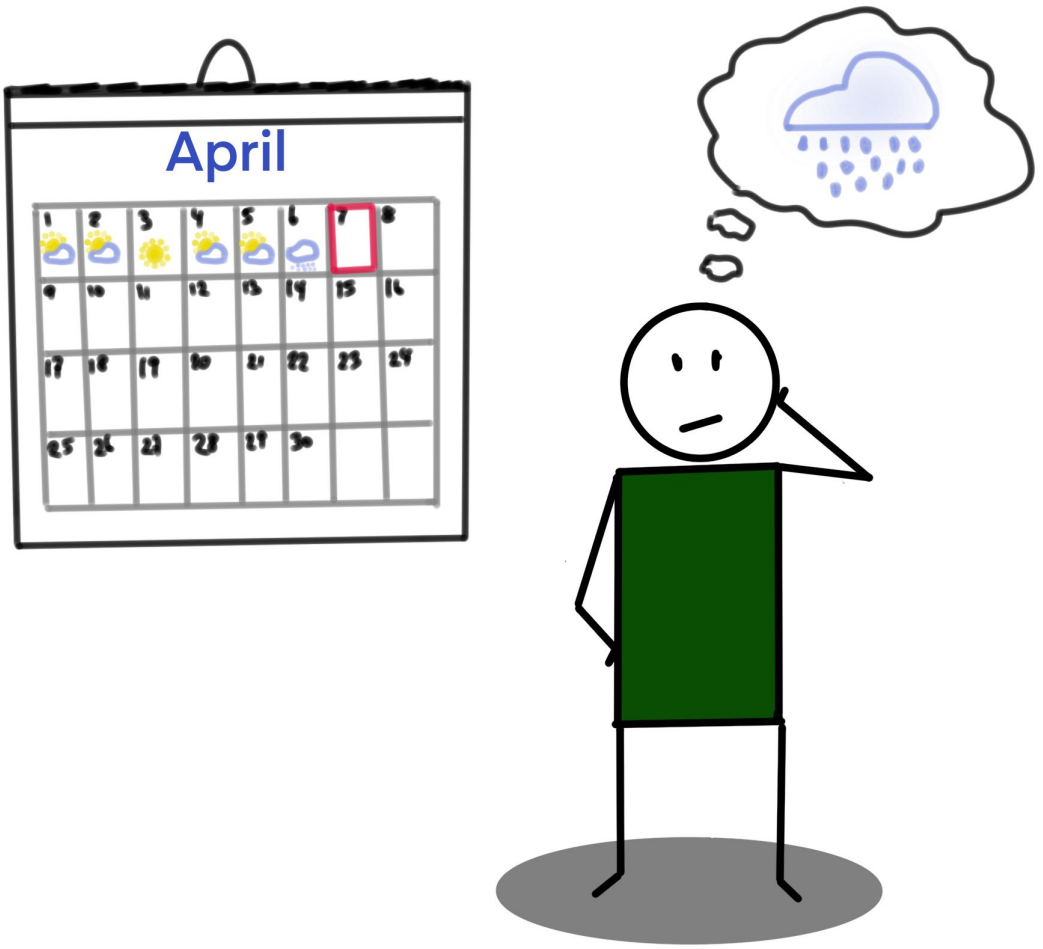
Availability Heuristic

We tend to think that things that happened recently are more likely to happen again.



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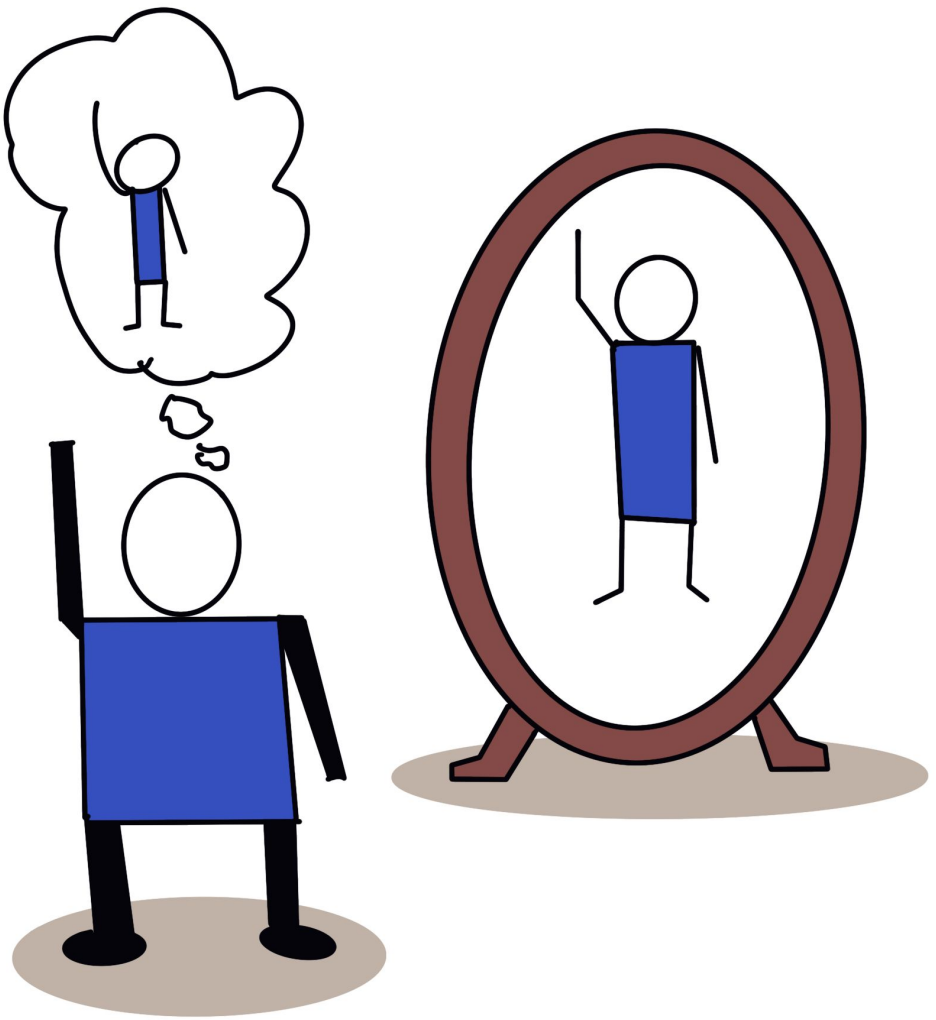
Commitment Bias

We tend to support our past ideas even when presented with evidence that they are wrong.



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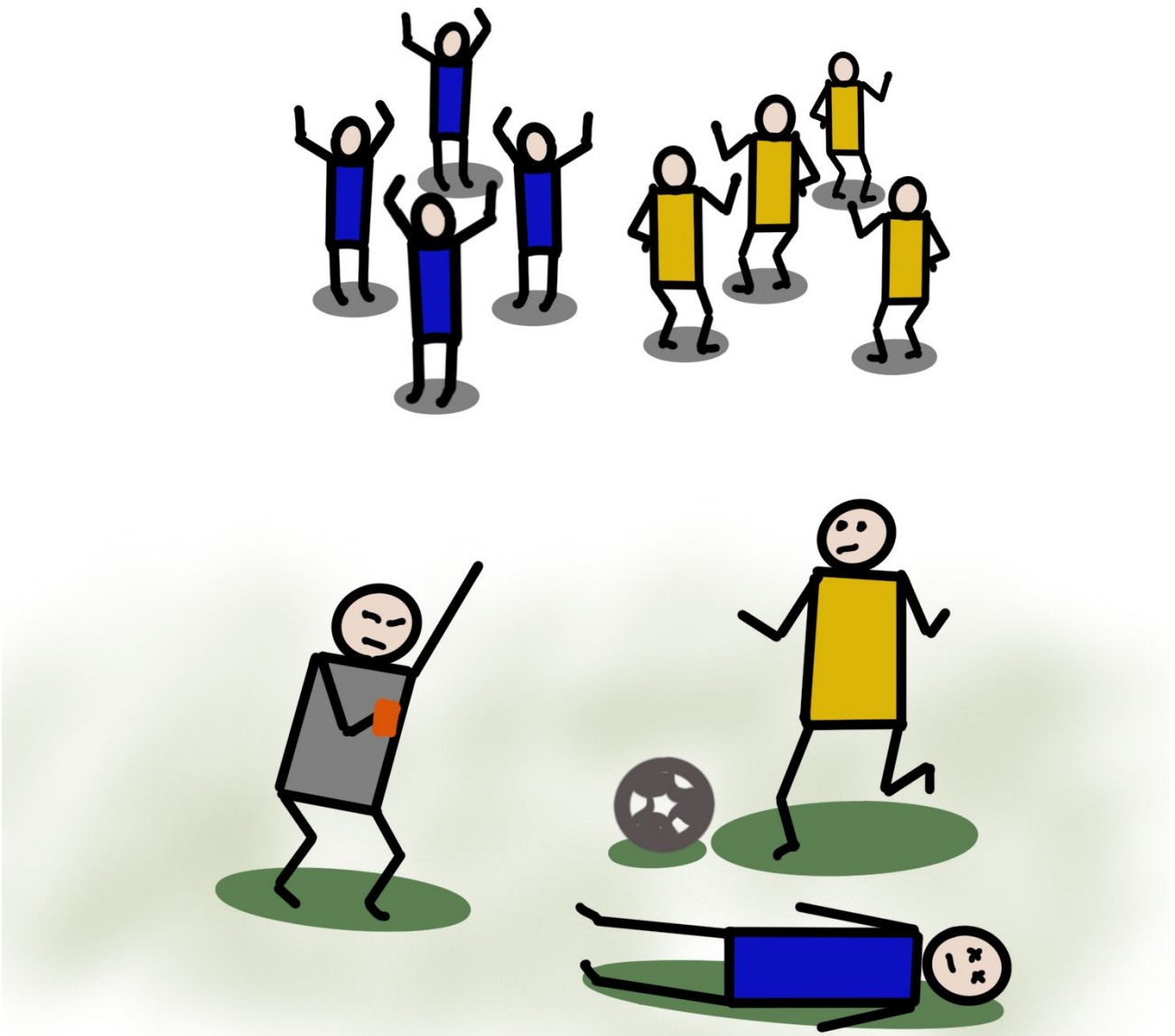
Confirmation Bias

We tend to favor our existing beliefs.



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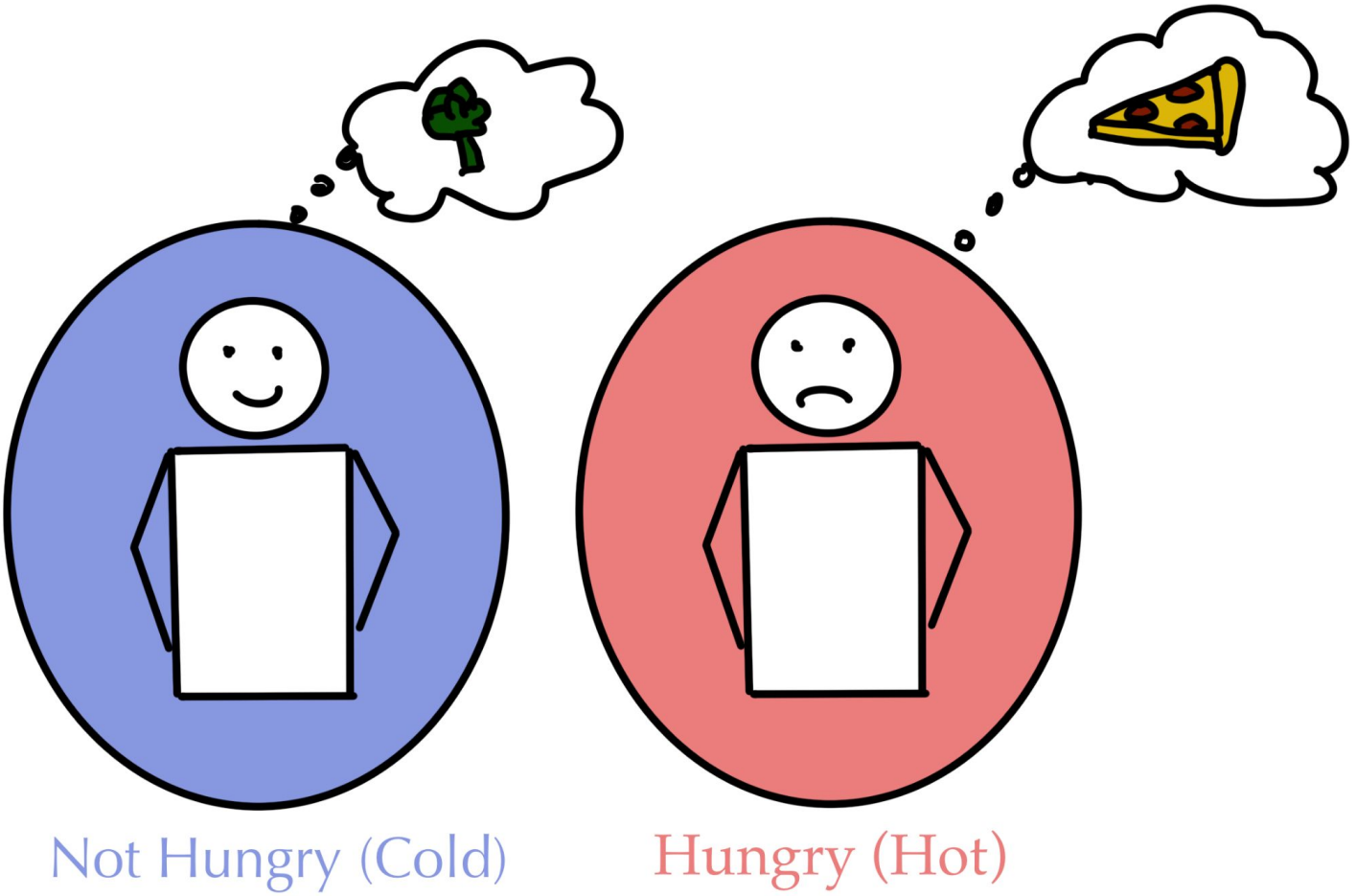
Empathy Gap

We tend to mispredict how much our emotions influence our behavior.



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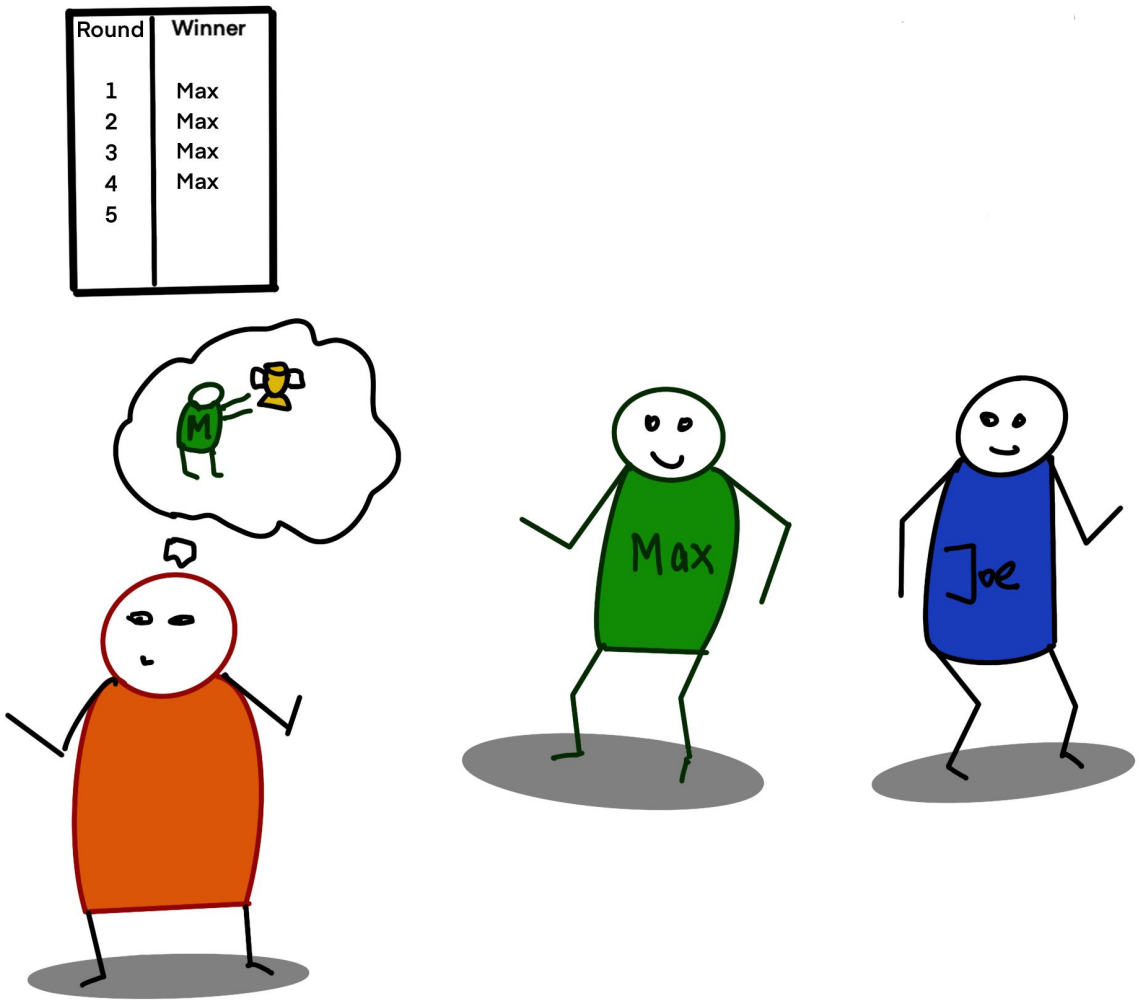
Hot Hand Fallacy

We tend to expect previous successful performance to lead to future successful performance.



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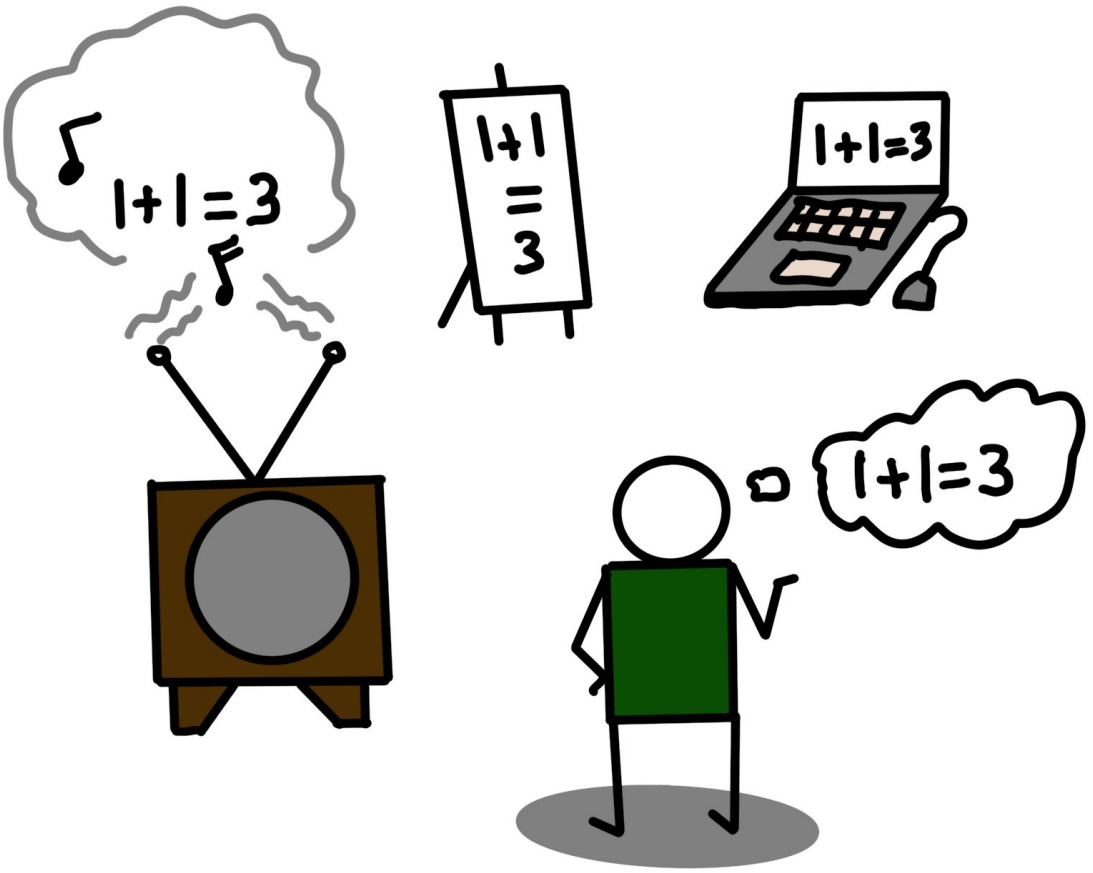
Illusory Truth Effect

We tend to believe misinformation more easily when it is repeated many times.



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Motivating Uncertainty Effect

We tend to be more motivated by rewards of unknown sizes than by known rewards.

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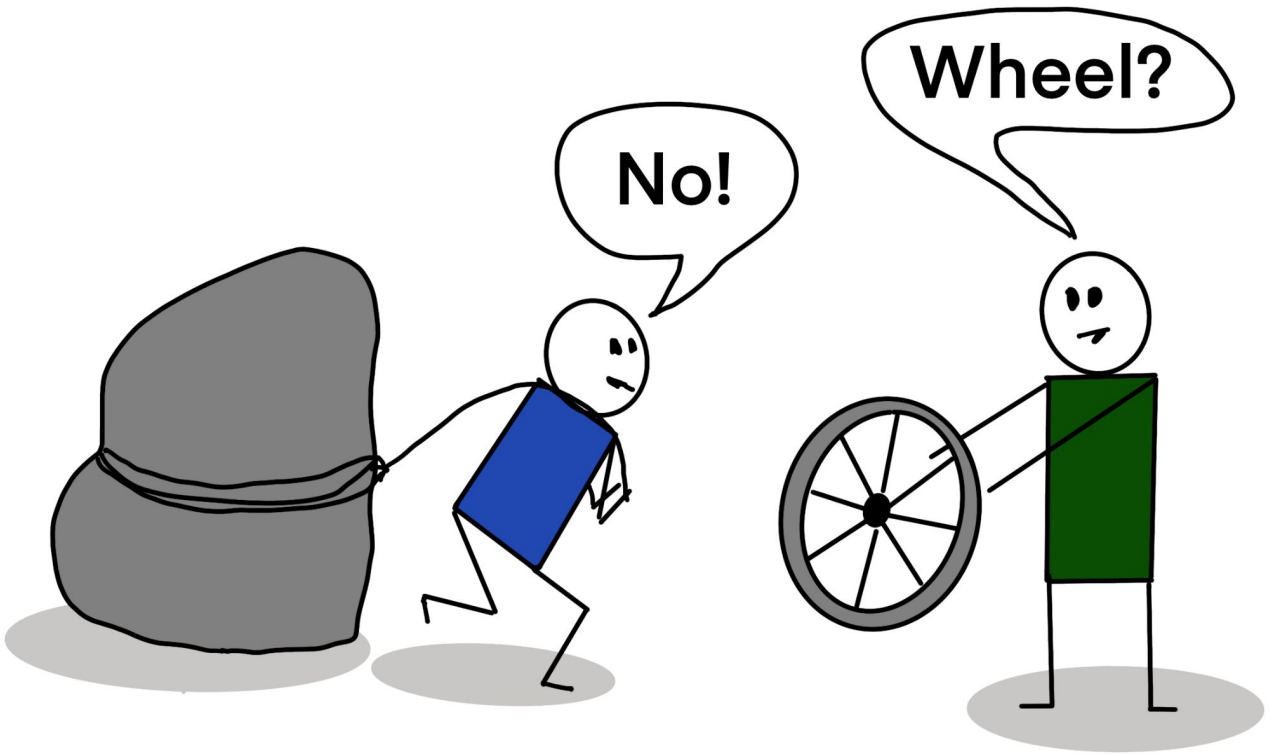
Nostalgia Effect

We tend to be influenced by sentimental feelings for the past when taking action in the present.



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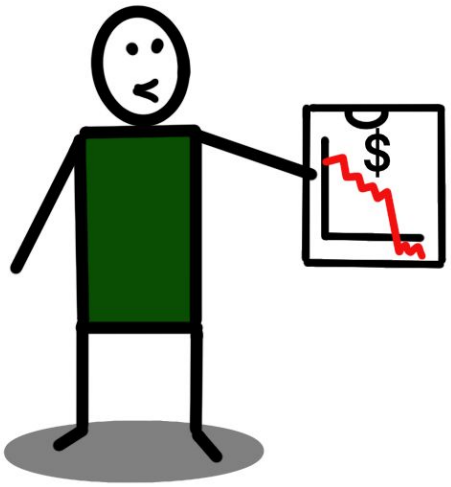
Ostrich Effect

We tend to prefer to ignore negative information.



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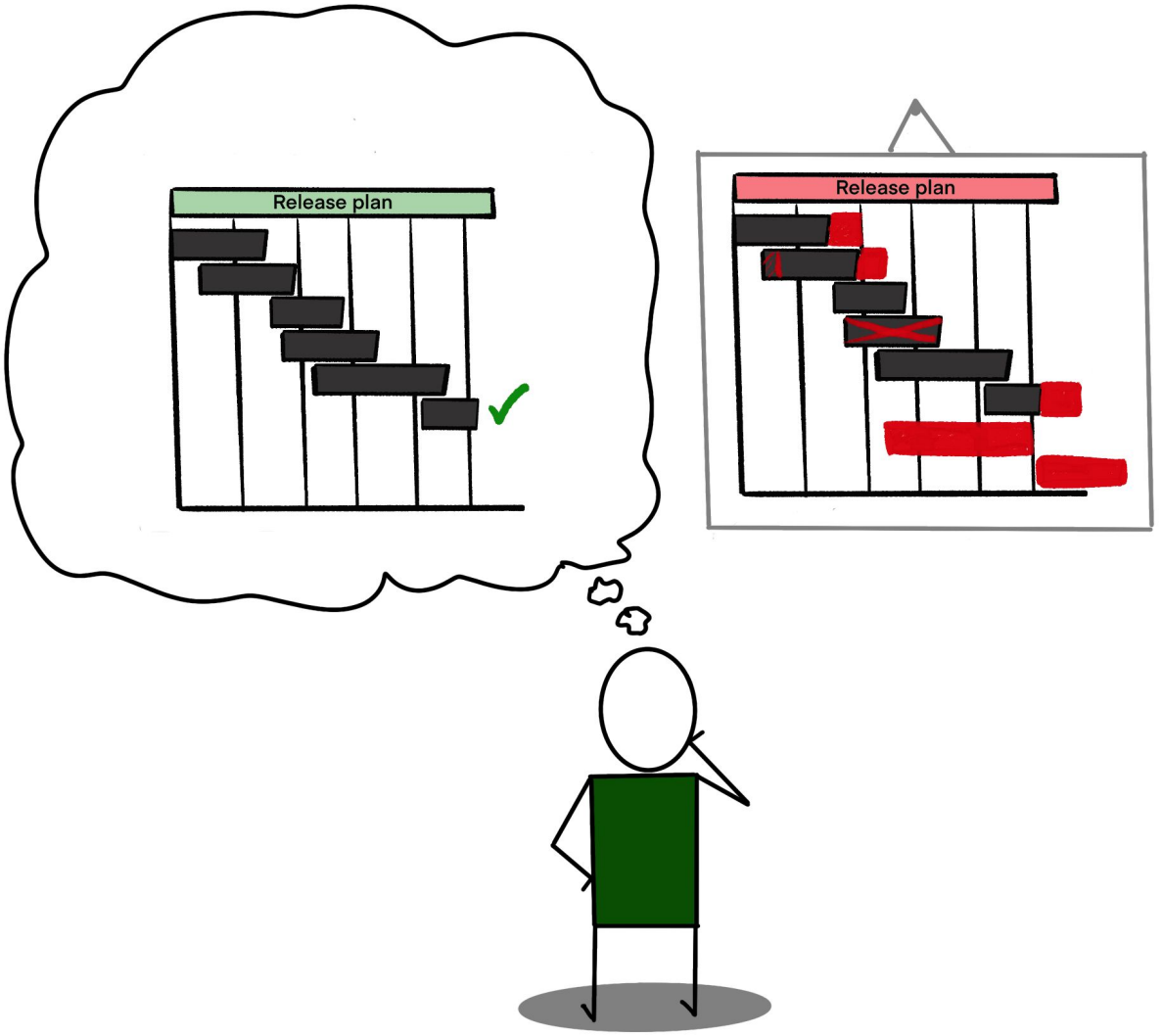
Planning Fallacy

We tend to underestimate how long it will take to complete a task.



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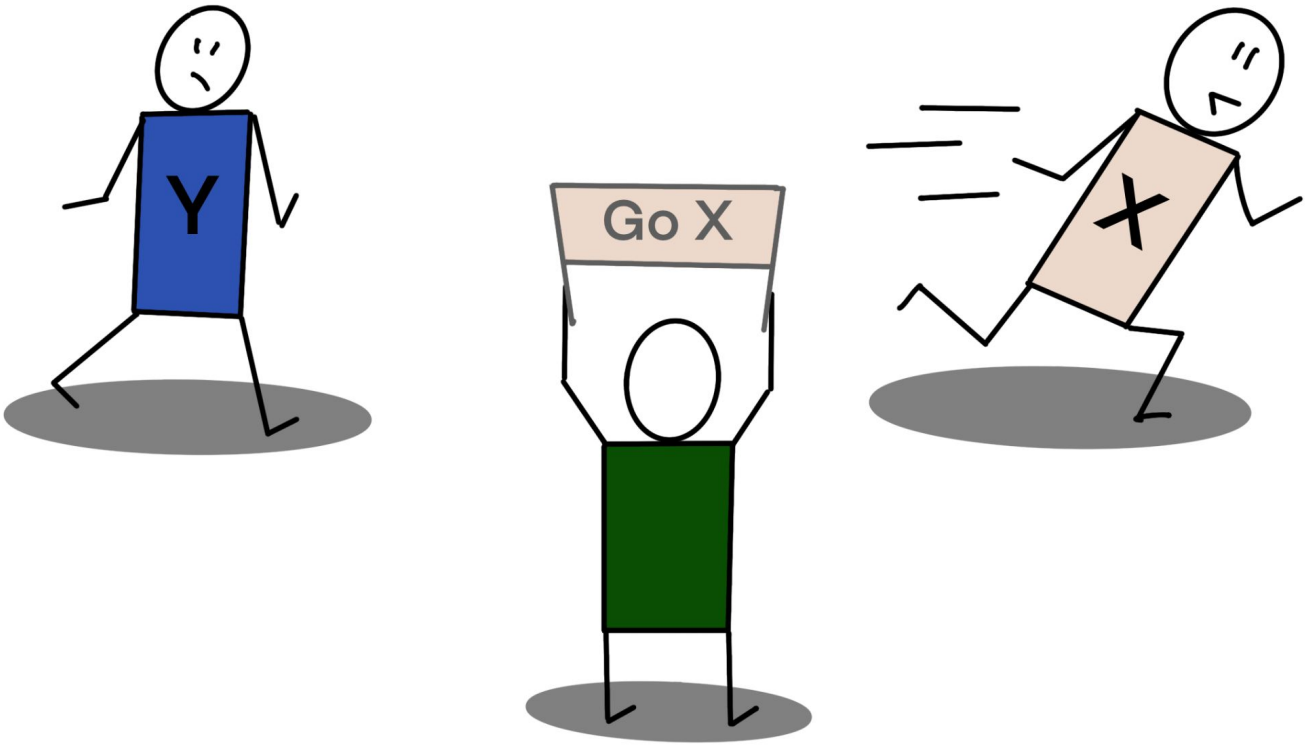
Pygmalion Effect

We tend to perform better when someone has high expectations of us.



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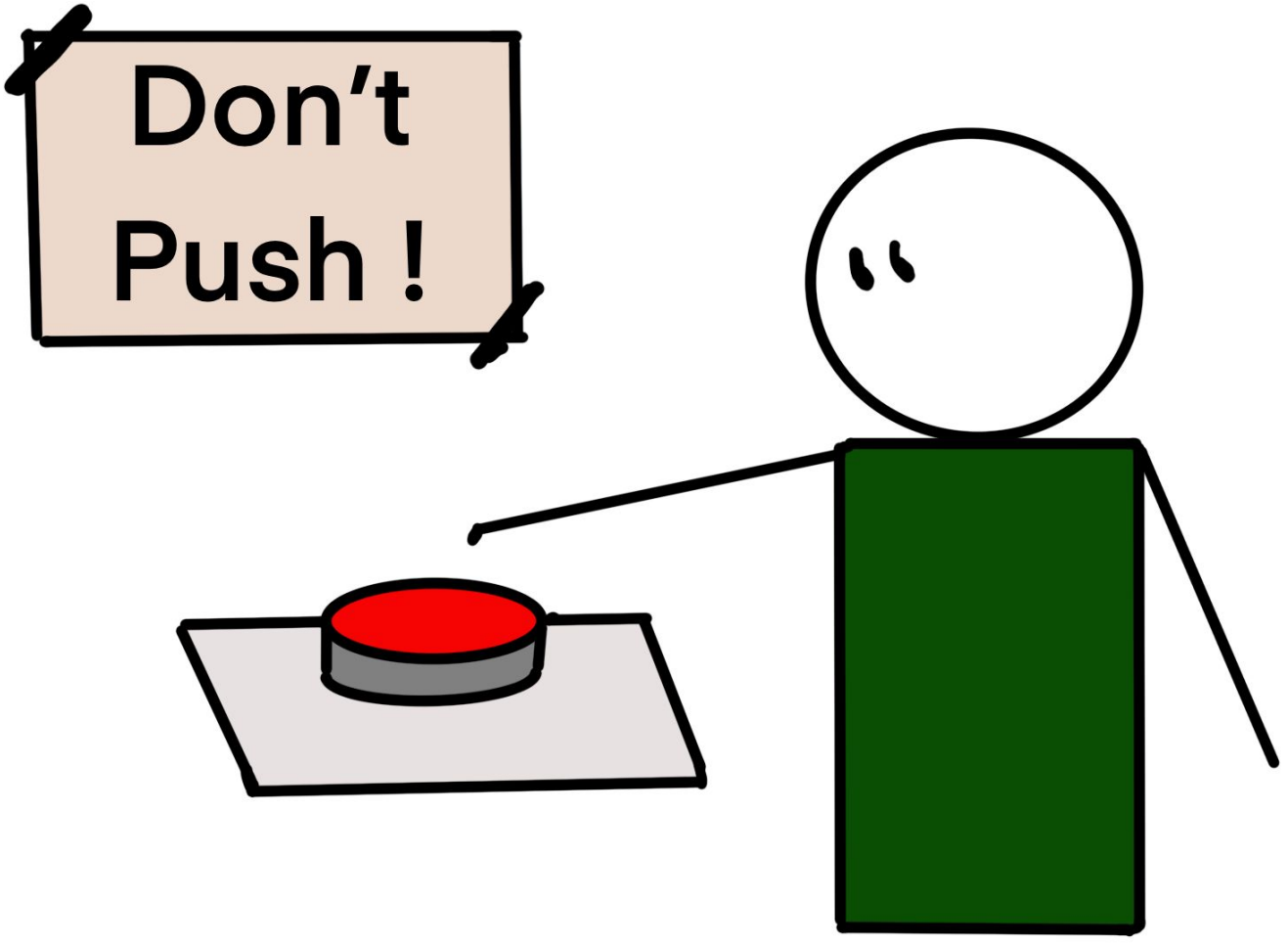
Restraint Bias

We tend to overestimate our ability to control impulsive behavior.



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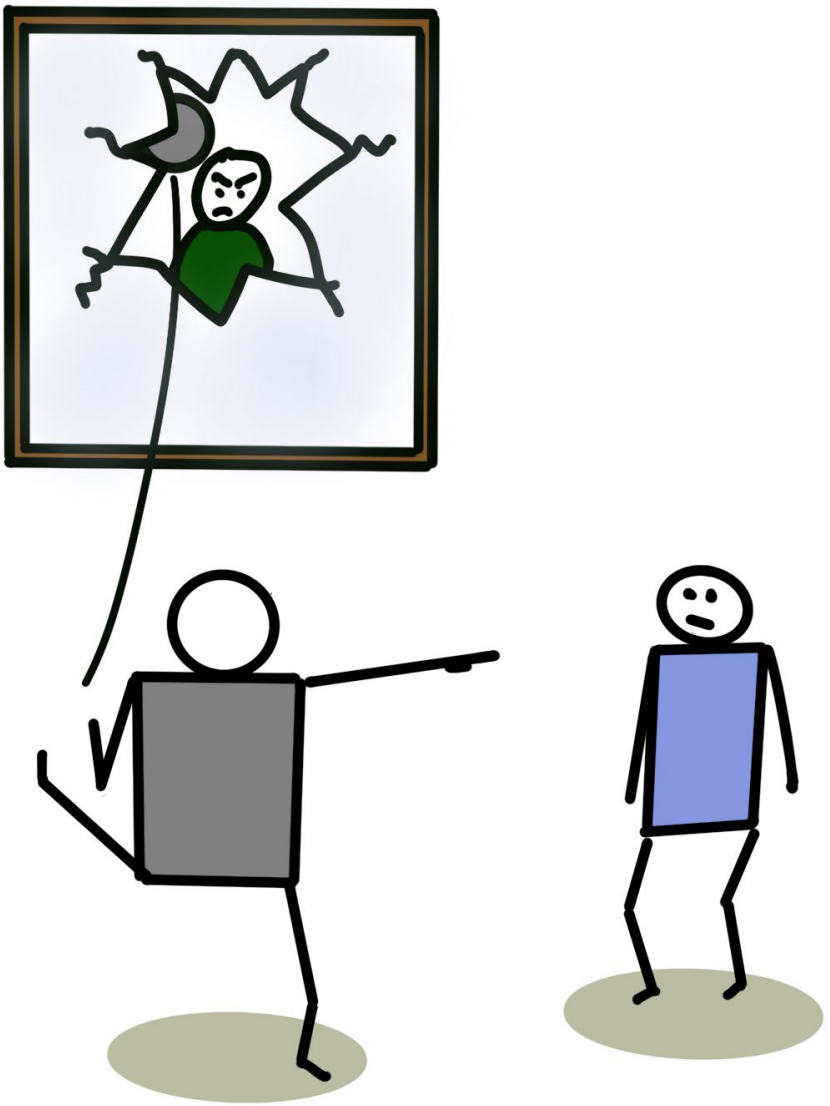
Self-Serving Bias

We tend to blame external factors for our own mistakes.



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